

JANUARY NEWSLETTER

Monthly Newsletter for Center for the Healing Arts



Celebrating Success at Jefferson Hospital

Celebrating Success at Jefferson Stratford Hospital

We are elated to announce our recent participation in a wellness event at Jefferson Stratford Hospital during Perioperative Nurses Week. Our current students provided chair massages to nurses and healthcare workers, creating an incredible experience for all involved. The feedback has been overwhelmingly positive, with several nurses reaching out to express their gratitude. We are honored to have had the opportunity to provide therapeutic touch to those who tirelessly care for others. Stay tuned for future collaborations with healthcare professionals, as we continue to expand our outreach.



Embracing Achievements and Community Spirit: A Month of Celebration in Our Newsletter

Massage Envy National Scholarship Sweepstakes Winner: Sara

One of our students won a scholarship from Massage Envy and we are elated for her! Huge congratulations to Sara for participating in and winning this fantastic scholarship. We love celebrating with our students and alumni.



Upcoming Program Start Dates:

2/27/2024

Full Time

Tuesday - Friday

9:00 am - 4:00 pm

3/12/2024

Part Time

Tuesday & Thursday

5:30 pm - 8:30 pm

Saturday

8:30 am - 4:30 pm

6/10/2024

Full Time

Monday - Thursday

9:00 am - 4:00 pm

9/9/2024

Part Time

Monday & Wednesday

5:30 pm - 8:30 pm

Saturday

8:30 am - 4:30 pm

License Renewal Year in New Jersey

As we kick off the year, we want to remind our valued therapists that this is a license renewal year in New Jersey. Don't wait until the last minute to fulfill your continuing education (CE) credits. We are here to support you every step of the way. Our calendar is brimming with exciting CE opportunities to help you grow and excel in your practice.

Career Opportunities for Graduates

In our commitment to supporting our alumni, we've launched a career opportunities board on our website. If you are an employer with available positions or a graduate seeking new opportunities, visit our website centerforthehealingartsnj.com/career-opportunities for more information.

Student Spotlight: Peggy

What motivated you to enroll in massage therapy school?

I wanted to continue helping people out of the hospital environment. Using touch and massage techniques will help me continue my passion of helping people.

What has been the most interesting thing you have learned in the program so far?

Learning how extraordinary the human body is. How our body is a road map that sustains life by circulation, filtering out impurities, and the functions created by muscle and bone.

What is your favorite essential oil to work with?

I love peppermint, it makes me think comfy and cozy from the cold.

What modality are you excited to learn more about after you get your license?

Cranial Sacral Therapy

Professional Spotlight: Mike Felix LMY

What motivates you as a massage therapist?

What motivates me as an LMT is to consistently provide better services to my clients. This pushes me to keep learning and improving so everyone I massage feels better and leaves with a smile on their face.

What is your favorite type of massage to give?

Deep tissue massage is my favorite type of massage. I enjoy the challenge it brings as an LMT and love making a client leave feeling better than they did coming in.

What is one thing you wish you could tell all your clients?

Be patient with your progress and develop a maintenance routine to maintain/progress your massage goals in between your massages.

What is your favorite essential oil to work with?

The meditation blend is my favorite oil to use.

Spa Hours and Continuing Education...

Current and Upcoming Student Clinic Hours:

*1*1/22/2023 - 2/2/2024**

Wednesdays 11:00 am - 3:30 pm

Fridays 9:30 am - 3:30 pm

Professional Spa Hours:

Wednesdays 4 pm - 8:30 pm

Fridays 4 pm - 8:30 pm

Sundays 10 am - 3 pm

Continuing Education Classes & Workshops

Introduction to Full Body Cupping (SOLD OUT)

Instructor: Paulette Harper

In Person Class

Two class dates:

Sunday 1/28/2024

Monday 3/11/2024

9:00am - 5:00pm

\$225

****NCBTMB Approved****

8 CE credits

Level 2 Reiki with Melissa Romero

In Person Class

Sunday, 2/4/2024

12:00 to 5:00

\$275

Facial Sculpting Course

Instructor: Paulette Harper

In Person Class

Monday 2/26/2024

9:00am - 5:00pm

\$265

****NCBTMB Approved****

8 CE credits

Forearm Fusion Foundations

Instructor: James Funk, LMT

In Person Class

Two class dates:

Sunday & Monday

3/17/2024 & 3/18/2024

Sunday & Monday

9/29/2024 & 9/30/2024

9:00am - 6:00pm

\$329

****NCBTMB Approved****

16 CE credits

Somatic Mindfulness: Radiance

Instructor: Fernando Rojas, MSME/T, LMT, PhD

In Person Class

Sunday & Monday

9/22/2024 & 9/23/2024

9:00am - 5:00pm

\$360

****NCBTMB Approved****

18 CE credits

Somatic Mindfulness: Connection

Instructor: Fernando Rojas, MSME/T, LMT, PhD

In Person Class

Tuesday & Wednesday

9/24/2024 & 9/25/2024

9:00am - 5:00pm

\$360

******NCBTMB Approved******

18 CE credits

Hospice Massage

Instructor: Emma Clites, LMT

In Person Class

Sunday & Monday

9/29/2024 - 9/30/2024

9:00am - 5:00pm

\$375.00

******NCBTMB approved******

16 CE credits

Closing with Gratitude and Optimisim

As we reflect on the past year, we extend our heartfelt gratitude to our students, clients, alumni, and staff. Your support has been the driving force behind our success. Looking ahead, we embrace the new year with optimism, excited about the possibilities and opportunities that lie ahead.

Thank you for being an integral part of the Center for the Healing Arts community. Here's to a year filled with growth, learning, and continued success!



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Healing Arts